In 2012, the Consumer Healthcare division of global pharmaceuticals and healthcare giant GlaxoSmithKline (GSK) established a program called ‘My Winning Career’. It was part of an HR strategy designed to give employees greater knowledge and insight into the range of career options open to them in a matrix organisation spanning multiple job and geographic markets.

The division had already established a sophisticated website detailing roles and required competencies, complete with links to a suite of e-learning and self-reflection tools. But Oral Health, one of four main global consumer product categories in the Consumer Healthcare division, found that people just weren’t taking advantage of it. And its employee engagement surveys showed that scores in the areas relating specifically to careers and development were not improving.

“We felt we needed to do a better job in helping people consider how to develop their careers and in providing support for them to do that,” says James Hallatt, Global Head, Oral Health Category. “We had all sorts of tools and techniques and models and initiatives: what we needed was someone or something to bring those alive for people.”

James turned to Helen Hambleton, a consultant and coach in leadership and organisational development, and head of consultancy People Untapped. She created a similar programme for two separate cohorts of people - 70 in total - within Oral Health, including the category leadership team and their direct reports, the R&D leadership team, the supply chain leadership team and the global design team.

To prepare for the programme, delegates identified where they’d got to in their careers, and what worked and didn’t work in their current job. They did a values-based self-reflection exercise, a ‘career anchors’ exercise.
Based on Edgar Schon’s model and they completed the Marginson-McCann Team Management Profile Questionnaire. The purpose, explains Helen, was to give them information and insights about who they were, what was important to them, what they loved and hated doing, and the implications of all this for their future career choices.

“Each piece of work taught them something slightly different, but this pre-work was an opportunity to bring lots of different insights together in one place,” she says.

The remainder of the programme consisted of four half-day workshops covering, in sequence: developing self-awareness (based on their pre-work), consolidating feedback (from, for example, their line manager, in order to understand their strengths, development needs, reputation and perceptions of potential), future career mapping (based on research into career options), and development planning. The workshops took place at monthly intervals, giving delegates time to consolidate what they had learnt, and to think about, research and discuss their options and opportunities with colleagues, bosses, their family and others. Participants also received a one-to-one coaching session.

“The first workshop, which focused on helping people develop awareness of how their preferences play out at work, was really important.”

“In the second workshop, the focus was on people developing a sense of their career choice factors,” she explains. “Many of the delegates were global marketing professionals, and there is an expectation that such people can easily switch between roles in local markets (which are mainly about execution) and global roles (which are largely concerned with innovation and creativity and hanging over ideas to the markets to implement). This exercise gave them an opportunity to see which of the two roles they were best suited to by exploring the differences between them and relaying that to their own career development.”

The overall point of the programme was to get people to think differently about their careers. As Helen puts it: “My goal was to move them away from the ‘I need to do this job next’ mentality to who am I, what makes me tick, what do I enjoy and am good at, and what’s important for my future career?”

As she points out, in most organisations there are well-trodden career paths and unwritten expectations that people want to follow them. By contrast, the GSK programme “gave delegates - most of whom were between 30 and 40 years old - permission to think about what they wanted from life generally, and the kind of career which would allow them to achieve that.”

And crucially, it was also designed to engage the organisation in supporting them to achieve this. Not only did the leadership team participate in the programme, but Helen has also established a dedicated managers’ programme to improve the quality of career-related conversations between individuals and their line managers.

People now have career maps that present a range of different options rather than a rigid vertical structure, and they are all underpinned by their personal career choice factors. As such, says Helen, “everyone’s map looks very different.”

The programme has triggered some job moves - mostly within GSK. And the evidence suggests that even those who are still in the same roles are much more engaged with the organisation than they were before.

**Roshan Varghese’s winning career**

One person who benefited from the My Wearing Career programme is Roshan Varghese, Global Medical Affairs Team Leader on Denture Care at GSK. He switched role shortly after completing the programme in 2016, previously he was Global Expert Marketing Manager for GSK’s oral portfolio.

A trained dentist, with an MBA in Marketing, he’s been a number of sales and marketing roles, including at GSK, which he joined in 2010.

Roshan did the programme at a point where he was starting to consider his next role in the company. But, while his long-term goal had always been to move into healthcare consulting, the traditional vertical career progression at GSK looked unlikely to serve that ambition well.

“My next logical role would be Director in Expert Marketing, but what I really needed to do was develop more breadth, and until I did the programme, I kind of lost sight of that,” he says.

“When I had to think about how you make it happen - but we will support you,” says James Hallatt. “It is in GSK’s interests to have people who are fully engaged with their career development. I believe the net benefit of the programme Helen delivered for us is that it is helping people to take responsibility for thinking through and acting on how best they should manage their careers and make the most of the opportunities available to them. That’s good for them and it’s good for the company.”

GlaxoSmithKline - Case Study

GlaxoSmithKline - Case Study

**It is in GSK’s interests to have people who are fully engaged with their career development**

Helen did a personal career diagnostic with all delegates at the beginning of the programme and then again three months after it ended. The results were very positive. In terms of career direction, favourability rose from 69% to 81%, personal and career development rose from 52% to 74%, support for careers and development rose from 42% to 61%. Other engagement factors also rose - from 69% to 73%.

“I always say to people: ‘Your career is your career and it’s up to you how you make it happen - but we will support you,’ says James Hallatt. “It is in GSK’s interests to have people who are fully engaged with their career development. I believe the net benefit of the programme Helen delivered for us is that it is helping people to take responsibility for thinking through and acting on how best they should manage their careers and make the most of the opportunities available to them. That’s good for them and it’s good for the company.”

The programme has triggered some job moves - mostly within GSK. And the evidence suggests that even those who are still in the same roles are much more engaged with the organisation than they were before.

**Roshan Varghese’s winning career**

One person who benefited from the My Wearing Career programme is Roshan Varghese, Global Medical Affairs Team Leader on Denture Care at GSK. He switched role shortly after completing the programme in 2016, previously he was Global Expert Marketing Manager for GSK’s oral portfolio.

A trained dentist, with an MBA in Marketing, he’s been a number of sales and marketing roles, including at GSK, which he joined in 2010.

Roshan did the programme at a point where he was starting to consider his next role in the company. But, while his long-term goal had always been to move into healthcare consulting, the traditional vertical career progression at GSK looked unlikely to serve that ambition well.

“My next logical role would be Director in Expert Marketing, but what I really needed to do was develop more breadth, and until I did the programme, I kind of lost sight of that,” he says.

“When I had to think about how you make it happen - but we will support you,” says James Hallatt. “It is in GSK’s interests to have people who are fully engaged with their career development. I believe the net benefit of the programme Helen delivered for us is that it is helping people to take responsibility for thinking through and acting on how best they should manage their careers and make the most of the opportunities available to them. That’s good for them and it’s good for the company.”

GlaxoSmithKline - Case Study

GlaxoSmithKline - Case Study

**It is in GSK’s interests to have people who are fully engaged with their career development**

Helen did a personal career diagnostic with all delegates at the beginning of the programme and then again three months after it ended. The results were very positive. In terms of career direction, favourability rose from 69% to 81%, personal and career development rose from 52% to 74%, support for careers and development rose from 42% to 61%. Other engagement factors also rose - from 69% to 73%.

“I always say to people: ‘Your career is your career and it’s up to you how you make it happen - but we will support you,’ says James Hallatt. “It is in GSK’s interests to have people who are fully engaged with their career development. I believe the net benefit of the programme Helen delivered for us is that it is helping people to take responsibility for thinking through and acting on how best they should manage their careers and make the most of the opportunities available to them. That’s good for them and it’s good for the company.”
Why I like the Team Management Profile

Helen, who is herself a former HR business leader within GSK Consumer Healthcare, says that the reason she likes the Team Management Profile so much is that it blends types of work and preferences.

She explains: “It helps people understand what makes up the various roles, which allows them to stop thinking about the job title and think instead about what the job involves. They can then see whether that plays to their strengths and preferences. TMSDI also delivers great quality reports, of course, which really help people with their career development planning.

Overall the Team Management Profile is a phenomenally powerful tool in many different contexts, but in terms of career planning specifically it helps people see the kind of roles they are suited to, while keeping some all-important stretch.”

James Hallatt, a Team Management Profile veteran, believes the greatest benefit is “the impetus it gives you to look at things differently...you can get stuck in a rut because you’re so busy you don’t take time out to think.”

Oral Health

Combining deep consumer understanding with leading-edge science, Oral Health produces brands such as Sensodyne toothpaste, which contains the pioneering technology Novamin, which uses the building blocks of teeth to help repair and protect sensitive teeth.

Oral Health employs around 400 people, from scientists to sales people, and sells its products in some 120 markets around the world.